

Upcoming dates to be aware of:

- 1) Athletic Clearance-
 - a. Must have an update physical (physicals are good for 2 years)
 - b. If you cannot come to the athletic clearance scheduled for volleyball you need to contact Valerie Meyers or Greg Hart (AD) to find out if you can schedule a difference clearance.
 - c. After clearance you will rec. a clearance form that you must bring with you to practice.
- 2) First Tryout is schedule for **August 24th**. You must be present to all tryouts and practices to play volleyball for Mount Si High School. Please be aware that we are practicing on Labor Day. We need to have 10 practices before the jamboree. The jamboree is mandatory for all players that have made the volleyball program.
- 3) We have some already scheduled team events on our calendar these are mandatory to our program. Please plan ahead. Post season is for varsity only but in some cases we ask players to come up and practice with our team at the end of the season, not everyone that is asked to come to post season practices will receive a post season jersey but we expect if you are asked to practice that you be there and come to post season events, more on that at the parent meeting.
- 4) Mandatory Parent/Athlete Meeting is scheduled for Wed. **August 27th @ 8:00** after the scheduled practice. A parent or guardian **MUST** be present with their athlete. We will go over our handbook and policies at this meeting as well as cover the athletic and academic policies for our program and MSHS.
- 5) Every year we have a team bonding event. It is our spaghetti dinner. This year it is scheduled for August 28, 4:30-8:00 pm. If we have anyone that would like to volunteer their home for this event please let me know. It is best if you have a place to set up outside as well as inside in case the weather is bad. We will need a few parents to volunteer to help out. I prefer this event to be run by the upper-class parents. Please sign up for this event with CaryAnn Hitch.

Any questions please email me at footeb@svsd410.org.

Bonnie Foote, Head Volleyball Coach